

## Session BASC.01 - Best of AHA Specialty Conferences: ATVB/PVD 2019

# ATVB11 / 110 - Coronary Atheroma Regression from Serial Infusions of Autologous Selectively Delipidated Preβ-HDL-enriched Plasma on Coronary Atheroma in Patients With Homozygous Familial Hypercholesterolemia in the HALO-FH Trial

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#### Abstract

**Background:** Lipid-rich plaques are prone to rupture causing major adverse cardiac events (MACE). Selective delipidation of plasma via HDL Therapeutics PDS-2<sup>™</sup> System converts *a*HDL to preβ-HDL, the most effective form of HDL for cholesterol removal from arterial plaques

**Objective**: To determine the effect of 7 weekly serial infusions of autologous selectively delipidated preβ-HDL-enriched plasma on coronary atheroma, assessed by quantitative coronary computed tomography angiography (CCTA), in patients with homozygous familial hypercholesterolemia (HoFH).

**Methods**: Open-label study of 6 subjects with HoFH at 3 centers. Inclusion criteria were subclinical atherosclerosis ( $\geq$ 20% luminal stenosis) on baseline CCTA, stable lipid-lowering therapy for  $\geq$  4 weeks prior, and meeting criteria for serial apheresis. All subjects received 7 weekly infusions of autologous selectively delipidated pre $\beta$ -HDL-enriched plasma and baseline and final CCTA. The primary endpoint was the quantitative atheroma cross-sectional area for each plaque, and plaque composition. Plasma prior to and after each infusion was subjected to gel electrophoresis for pre $\beta$ -HDL particle levels.

**Results:** 16 coronary plaques were identified. The primary endpoint was met with a statistically significant 18% reduction in total atheroma cross-sectional area between baseline and follow-up (9.9 $\pm$ 3.5 vs. 8.2 $\pm$ 2.4 mm<sup>2</sup>; P=0.023). This included a 20% reduction of noncalcified plaque (P=0.015), and reductions in the low-density (-38%; P=0.005) and necrotic core (-33%; P=0.007) components. The percentage of pre $\beta$ -HDL particles levels increased significantly (p<0.001) by 65.92%.

**Conclusion:** We observed coronary atheroma regression after 7 weekly serial infusions of autologous selectively delipidated pre $\beta$ -HDL-enriched plasma in patients with HoFH. This was accompanied by an increase in pre $\beta$ -HDL particles levels and a reduction in the low-density and necrotic core plaque portions (i.e. those associated with high-risk plaques prone to rupture and higher rates of MACE).

Clinical Implications: Autologous selectively delipidated preβ-HDL-enriched plasma is the first of its kind treatment to rapidly reverse coronary atherosclerosis in patients with HoFH who are at increased risk for MACE.

#### Disclosures

B.Ghoshhajra: Other Research Support; Modest; Siemens Healthcare (institutional), National Institutes of Health, Research Grant; Significant; Siemens
Healthcare. E.Schaefer: Employment; Modest; Boston Heart Diagnostic Company, Employment; Significant; Boston Heart Diagnostics . H.Brewer: Ownership Interest; Significant; Chief Scientific Officer, HDL Therapeutics,

Inc. B.Foldyna: None. D.Gaudet: Consultant/Advisory Board; Modest; Akcea, Amgen, Aegerion, Esperion, HDL-therapeutics, Regeneron, Sanofi, Honoraria; Modest; Aegerion, Amgen, Akcea, HDL therapeutics, Ionis, Nestlé, Novartis, Regeneron, Sanofi, Research Grant; Modest; Ironwood, Lilly, Acasti, Cerenis, Uniqure, Aegerion (Novelion Therapeutics), Amgen, Regeneron, Sanofi, Research Grant; Significant; Aegerion, Amgen, Akcea, Esperion, Gemphire, HDL Therapeutics, Ionis, Novartis, Pfizer, Regeneron, Sanofi, Canadian Cardiovascular Research Network, Dalcor Pharma, Kowa, GlaxoSmithKline, Institut de Cardiologie de Montreal, The Medicine Company. E.Khoury: None. S.R.Sloan: None. P.K.Shah: None. S.R.Jones: Research Grant; Modest; David and June Trone Family Foundation, Research Grant; Significant; David and June Trone Family Foundation. **R.Waksman:** Consultant/Advisory Board; Modest; Abbott Vascular, Amgen, Astra Zeneca, Biosensors, Biotronik, Boston Scientific, Cardioset, Cardiovascular Systems, Chiesi, MedAlliance, Medtronic, Philips Volcano, Pi-Cardia LTD, Honoraria; Modest; Amgen, AstraZeneca, Boston Scientific, Medtronic, Philips Volcano, Other - Consulting Fee; Modest; CardioSet, Cardiovascular Systems Inc. Pi-Cardia LTD, Other - Consulting Fee ; Significant; Biotronik, Ownership Interest; Modest; MedAlliance. **R.Torguson:** None.